

sheltering the shelter

Course: Mind-body and Everything in Between

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CAMPING

WHERE YOU WANNA GO

PLAYING

HIDING

MICRO UNIVERSE

MICRO HABITAT

HOME / NO HOME

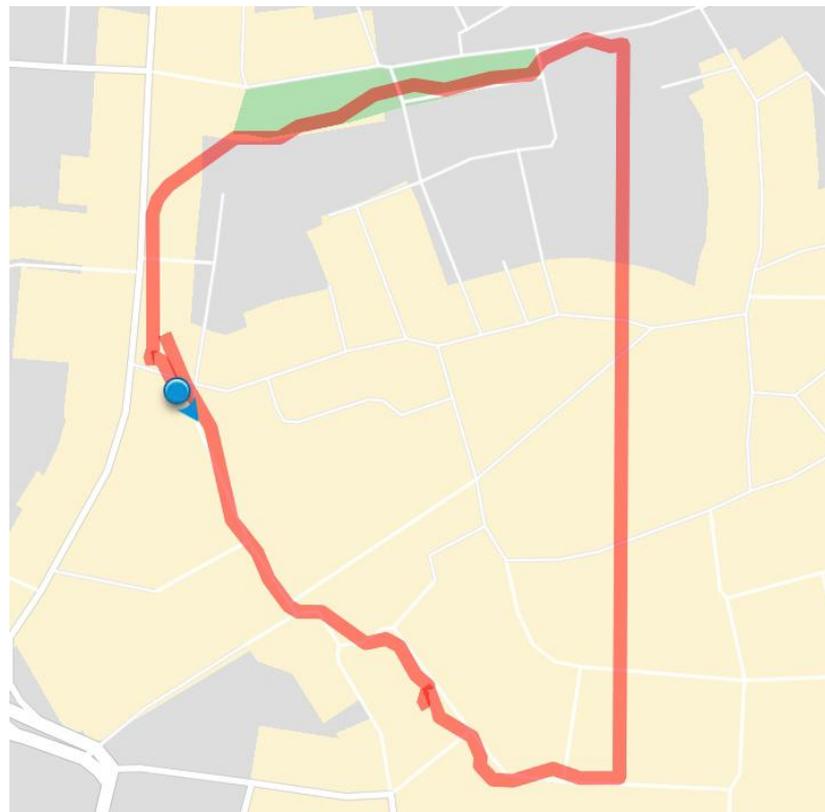
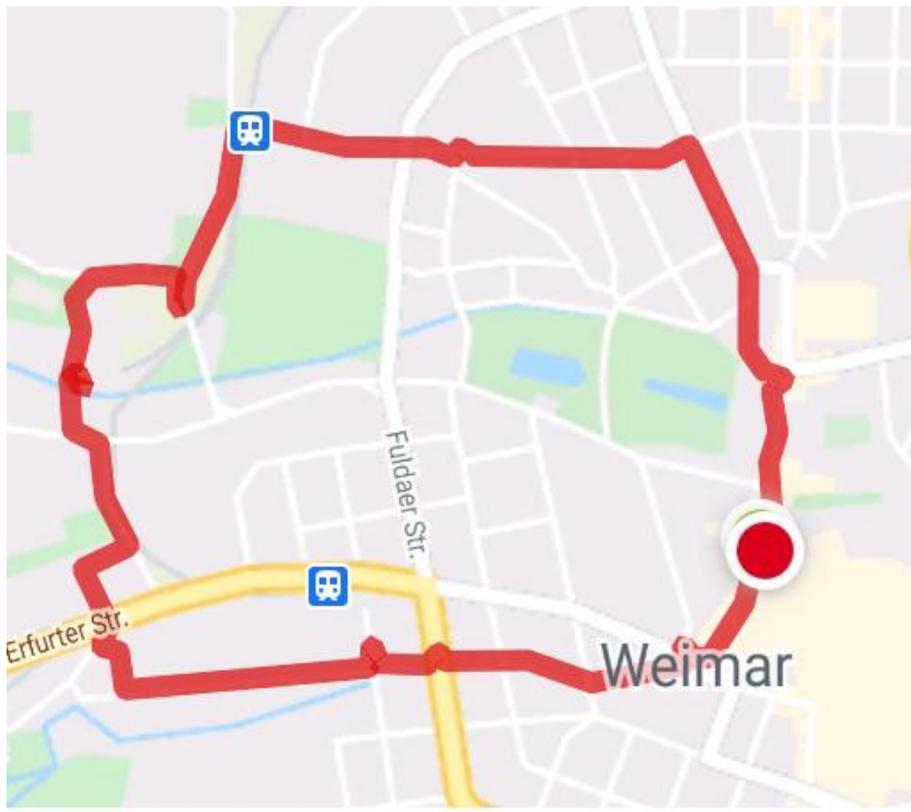
RIGHTNESS OF THE PLACE

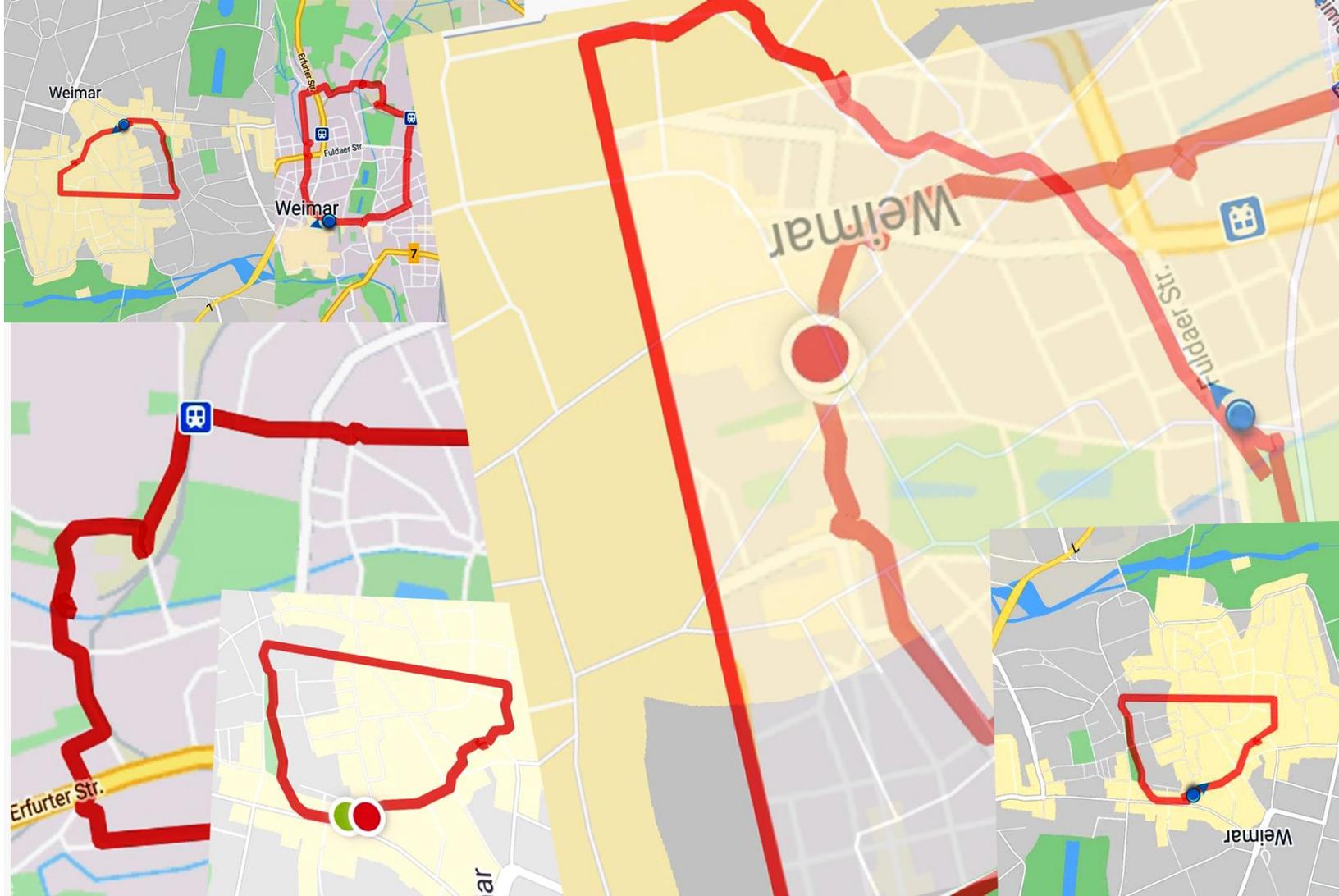




Circulating my steps when you have no idea what are you doing. While walking, listen to your mind and what it has to say.

The most important thing: **the line has to end at the same place where it started.**





After the whole journey of being mindful through many different mediums, I came back to the topic that had the biggest influence on me from the very beginning – **home**. Since my definition of home is not the place you were born, I struggle to protect my dwelling place while looking for the rightness of it, everywhere.

I believe that I forced my work to go in one direction in the process of making a final piece and it was just not natural. Instead of taking a topic or the Week, my final work is something that is happening currently, **right now in my mind, body, and soul**. However, it was influenced by the strategies, methods, and knowledge that I gathered within the course - walking, dwelling, emotions translation.

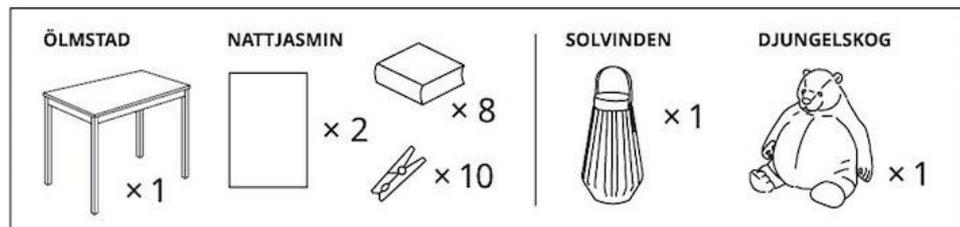
Considering the Language Shapes Movement / Movement Shapes Language, I took the moment to reflect on my free mind and play **association with my sheltered brain while walking**. The sound on the video is what was created in this action. Not thinking about anything means always something. I found it interesting to hear my free mind wandering through the language (mother tongue in this case).

My performance/action was done in both private and public sphere.

- listenening to the body - reconnecting
- connected body ready to go outside-

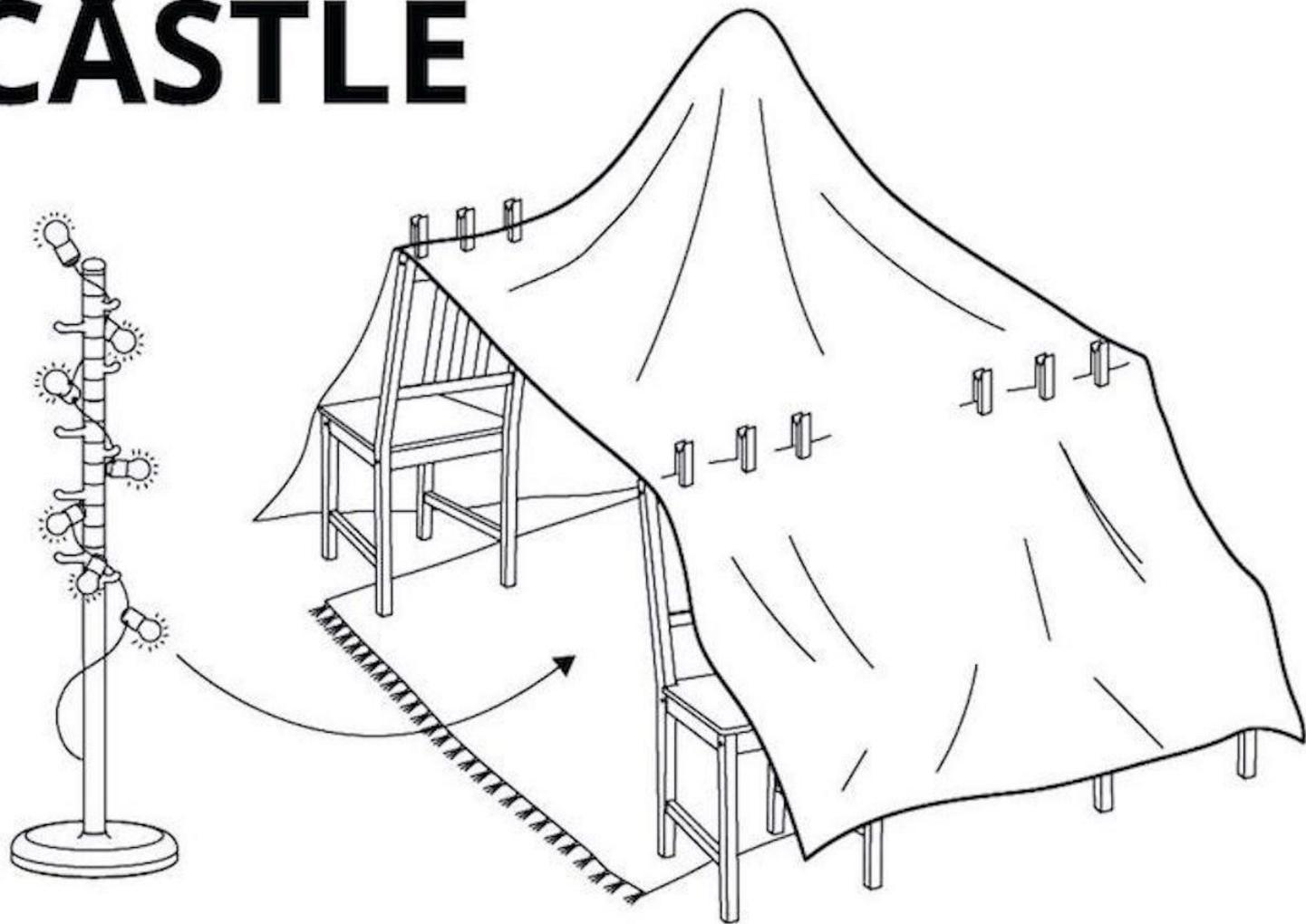
Do you remember your first self-built fortress?

HÖUSE



Make sure that the structure is safe. Do not leave children unattended.
The suggested examples are not official IKEA user guides for IKEA products.
If you didn't find products mentioned in the instruction, use similar ones.

CÅSTLE





How To Build A Blanket Fort



You found a shelter.

Now, your shelter needs a shelter.

Welcome, **shelter's protector.**

I love the idea of the future.

Dear shelter, where can I find you?

For a better future, we often happen to go outside our homeland seeking the promised one.
We believe that there is always a place where we will belong more.

I was running fast and I am here now. Look at me, I am trembling.

Dear shelter, is this a promised land?

It said: I am your second skin, **your armor, your canopy**. Nothing can hurt you. No rain can touch you. My lap is your home - the rightness.

But If we are one and there is no you, I am just a half.

No, you will be whole. You will find me. You will feel the power of the land. I promise.

Dear shelter, how much should I run?

Not so much. Focus, little one. **You are the creator.**