

PRINT IT YOURSELF

- 1. Print the PDF on A4 double-sided*
- 2. Cut the components on the outline*
- 3. Fold the Kit on the intended lines*
- 4. Play !*

**PROGRESS
CHART**

Omit a daily tool

Take your time

*Repair a broken
thing*

*Listen to your
assistant*

*Reduce your
standard on
cleanliness*

*Omit your
complexity of
ingredients*

*Prepare your
meal collectively*



°Justice
on global and local level



°Boundaries
are blurring



°Rituals
of the everyday



°Intimacy
and it's relations



°Knowledge
in various form

Share your space

*Wake up with the
light*

*Maintain your
plants*

Stop collecting

*Don't check your
mails*

*Show your
Household
Accomplishments*



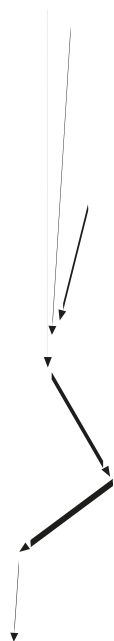
*Space -- household
Object -- whatever is broken
Rhythm -- linear / circular*

Repair a broken thing, is a critical act against capitalist consumption. It works against the logic of growth. In context of domestic space, it allows for a change in consumption behaviours and calls for the cultivation of knowledge forms related to repair.



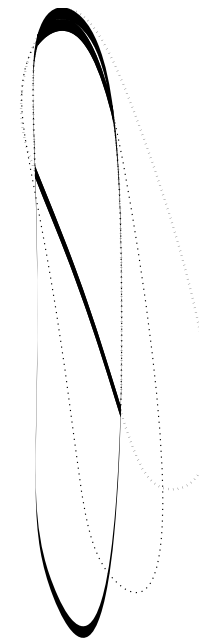
*Space -- garden
Object -- watering pot
Rhythm -- alone / collective*

Maintain your plants, is an invitation for taking care of your extended surrounding and understanding of living arrangements as collectives between human and more than human systems.



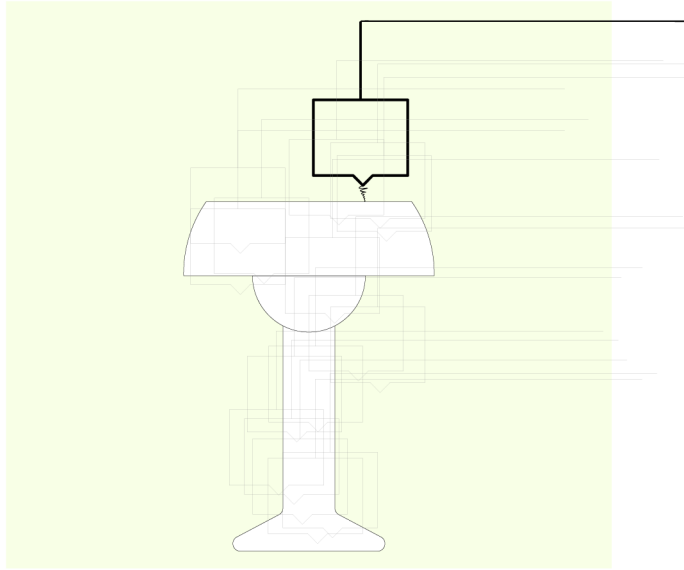
*Space -- bedroom
Object -- mobile phone
Rhythm -- alone / collective*

Listen to your assistant, is an invitation to contemplate on the voice and gender of the technological assistants.

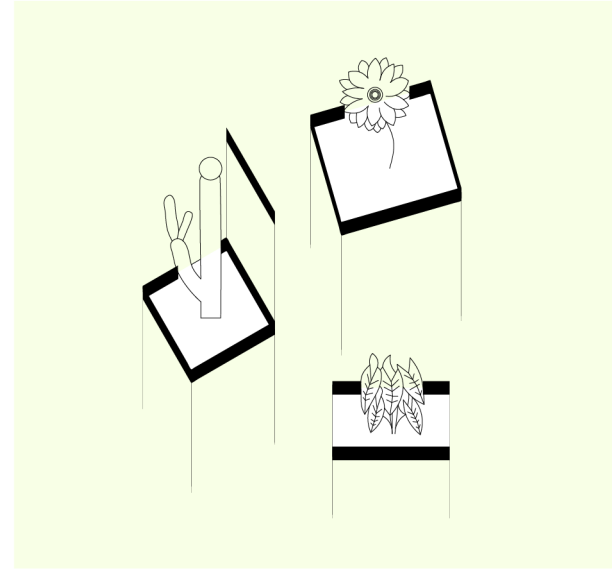


*Space -- kitchen
Object -- dish washer
Rhythm -- fast / slow*

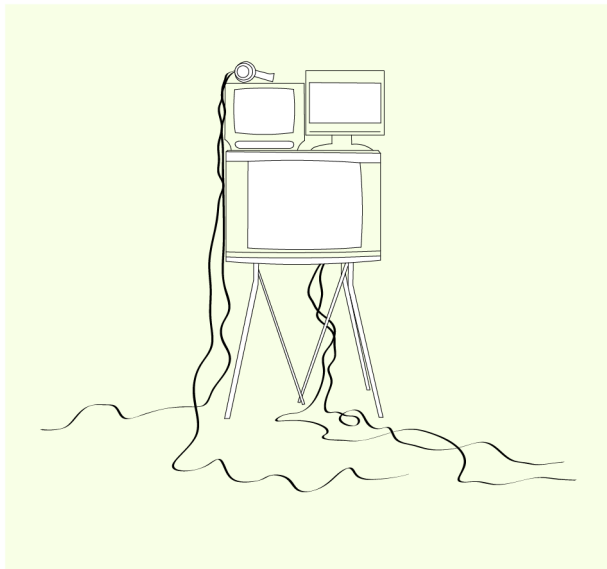
REPAIR A BROKEN THING



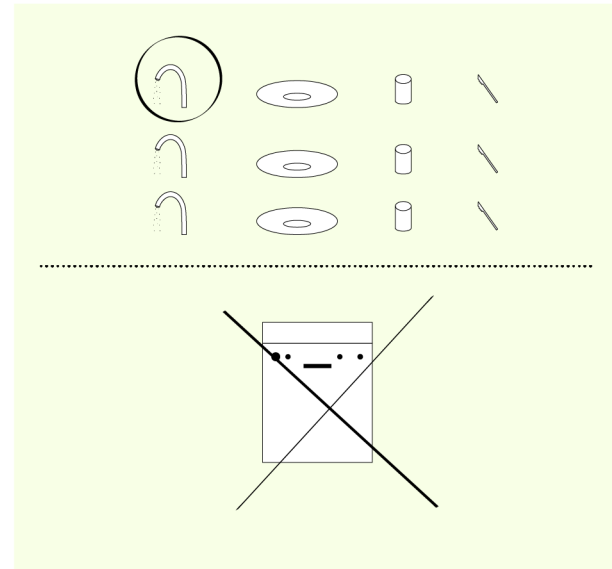
MAINTAIN YOUR PLANTS

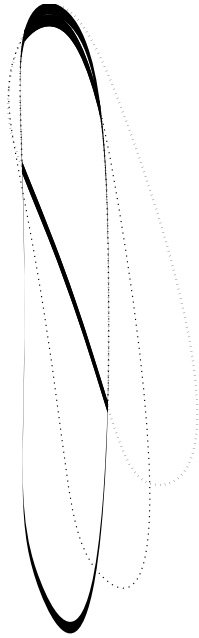


LISTEN TO YOUR ASSISTANT



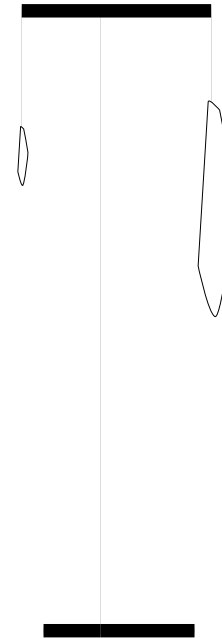
OMIT A DAILY TOOL





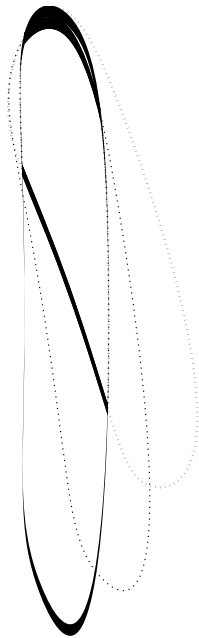
*Space -- kitchen
Object -- coffee machine
Rhythm -- fast / slow*

Take your time, is an embodied occupation of time and therefore resists the capitalist logic and need for constant production and progress. In context of the domestic space, it allows to stop keep running things, being lazy and visualizes the domestic work, by leaving it.



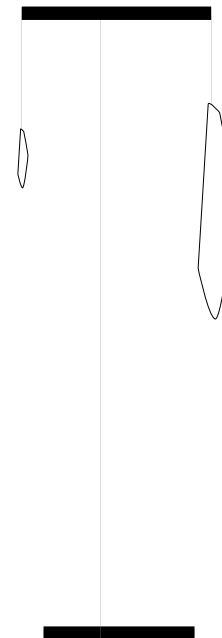
*Space -- kitchen
Object -- door
Rhythm -- alone / collective*

Share your space, helps question ownership. In the context of domestic space, it asks for a blurring of lines between gendered labour roles and gendered spaces.



*Space -- household
Object -- objects in the house
Rhythm -- more / less*

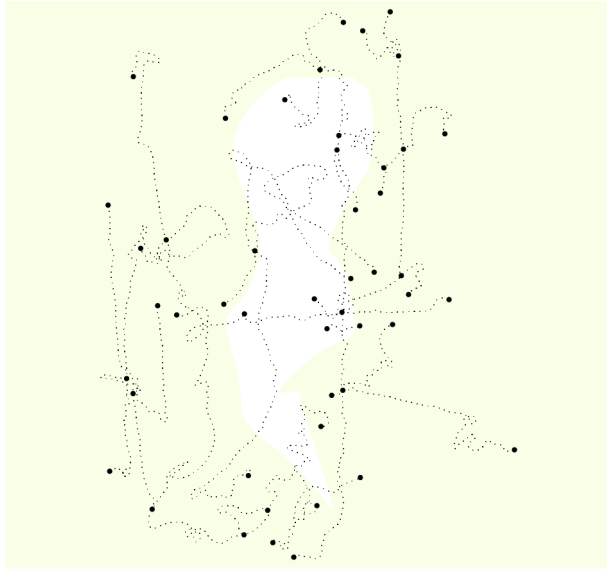
Stop collecting, is an invitation to move away from the capitalist logic of accumulation and focus on sustainability.



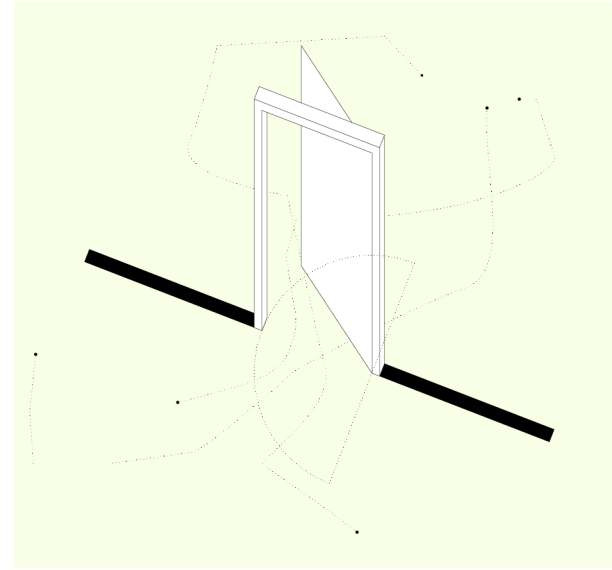
*Space -- household
Object -- vase
Rhythm -- work / extra work*

Show your household accomplishments, helps to make the invisible work of the domestic space visible by inviting appreciation in various forms.

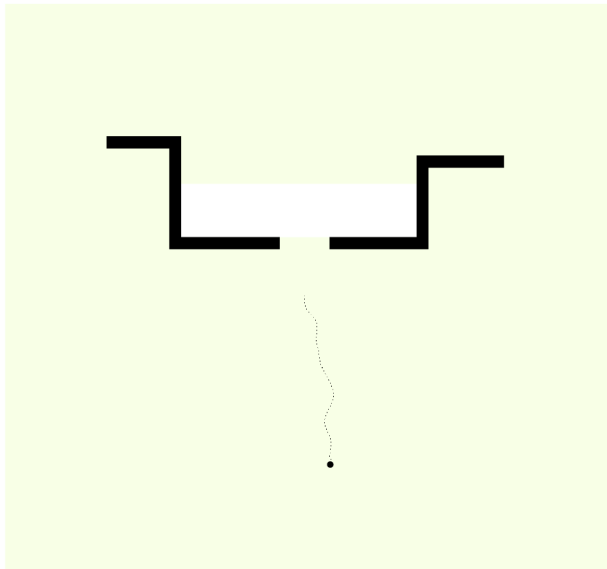
TAKE YOUR TIME



SHARE YOUR SPACE



STOP COLLECTING



SHOW YOUR HOUSEHOLD ACCOMPLISHMENTS





*Space -- living room
Object -- computer
Rhythm -- more / less*

Don't check your mails, criticizes help stop the need to be accessible all the time.



*Space -- bedroom
Object -- alarm clock
Rhythm -- more / less*

Wake up with the light, is a call to think about your health, as a radical practice of listening to your own physical and psychological needs.



*Space -- kitchen
Object -- stove
Rhythm -- alone / collective*

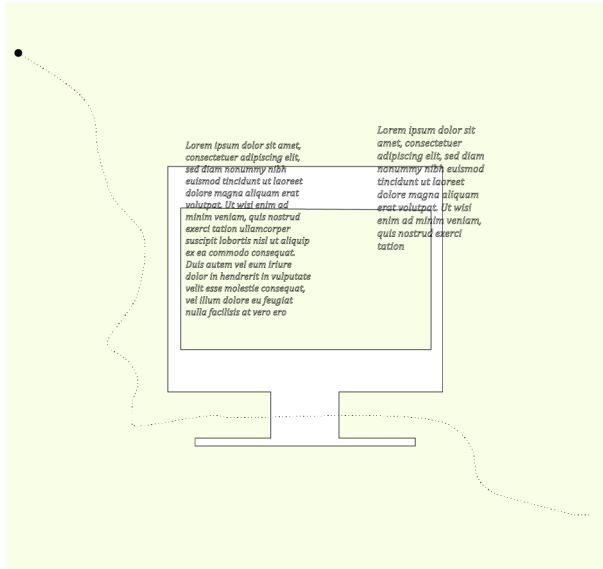
Prepare your meal collectively, questions how automation could change the practice of cooking. In context of the domestic space collective not just includes other human beings, but objects, ingredients, plants as well.



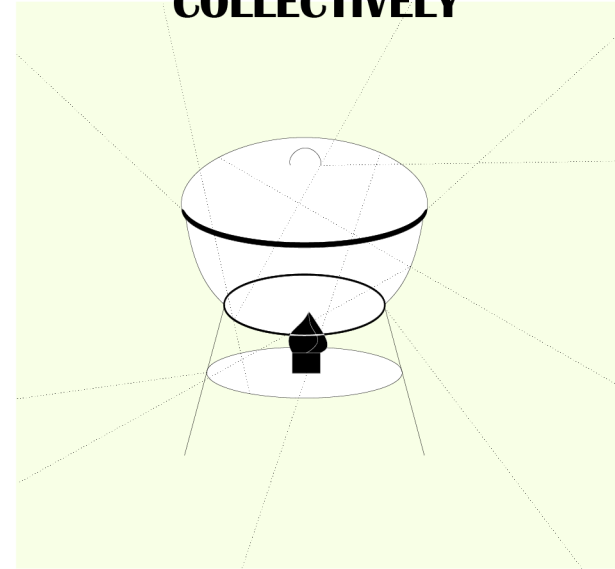
*Space -- kitchen
Object -- fridge
Rhythm -- more / less*

Omit your complexity of ingredients, radically calls for less and questions the appearance of the food per se. In the context of the domestic space suggests that one can go grocery shopping less often, but at the same time eat consciously.

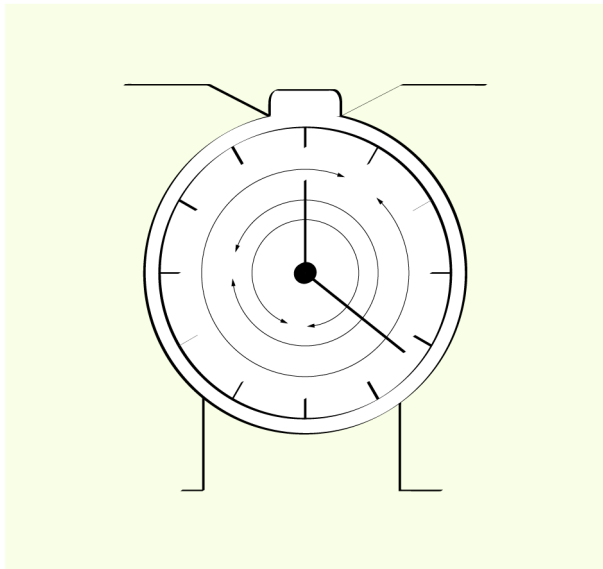
DON'T CHECK YOUR MAILS



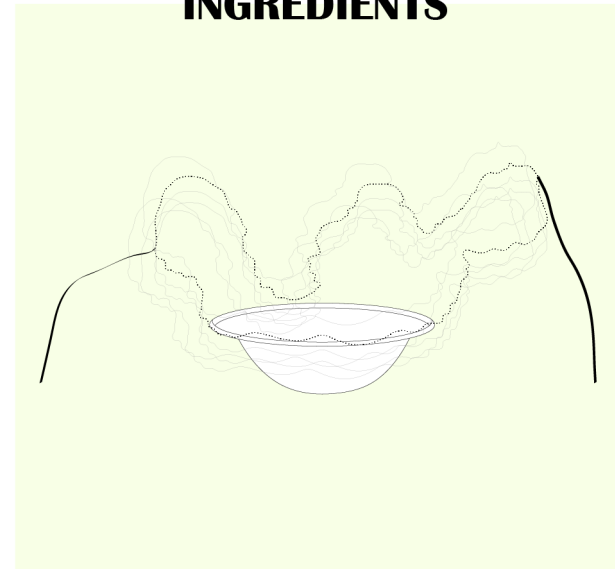
PREPARE YOUR MEAL COLLECTIVELY



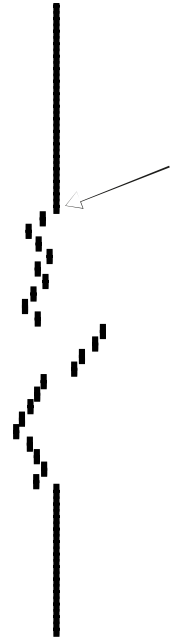
WAKE UP WITH THE LIGHT



OMIT YOUR COMPLEXITY OF INGREDIENTS



*Space -- laundry
Object -- washing machine
Rhythm -- more / less*



Reduce your standard on cleanliness, radically questions the capitalist norm of perfection. In context of the domestic space it helps to question extra house work by prioritizing certain care practices over others.

**REDUCE YOUR STANDARD
ON CLEANLINESS**

