

Wizard of Oz

Notations

Mariana Perfeito

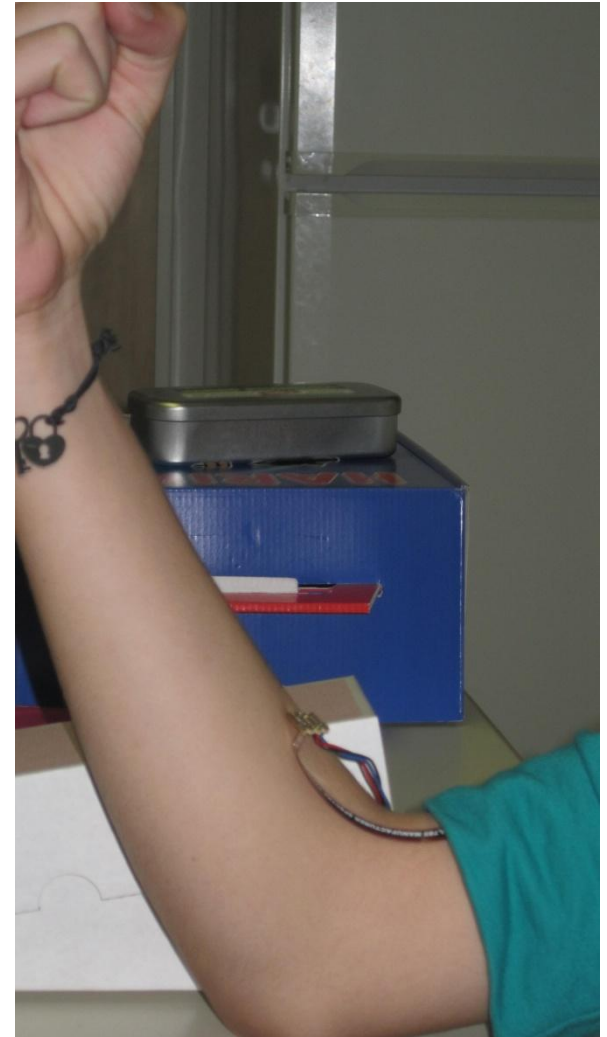
Marisa Martins

Sofia Barbosa

Workout experience



Muscle workout
Flexible sensor



Workout experience



Push-ups

Flexible sensor

Workout experience



Sit ups
Flexible sensor

Workout experience

- This workout experience consists in measuring the frequency of the movement and keeping track of that to see how the person is doing on the exercise.
- Also works as a self motivator ! Giving feedback when the frequency is lower.
- To make this experience we use the movement sensor and the flexible sensor.
- Experimented in sit-ups, push-ups, muscle exercising.