

Sophia Amelia Eickhoff

Anthroposophy

Art, Dance and Clothing

What is Anthroposophy

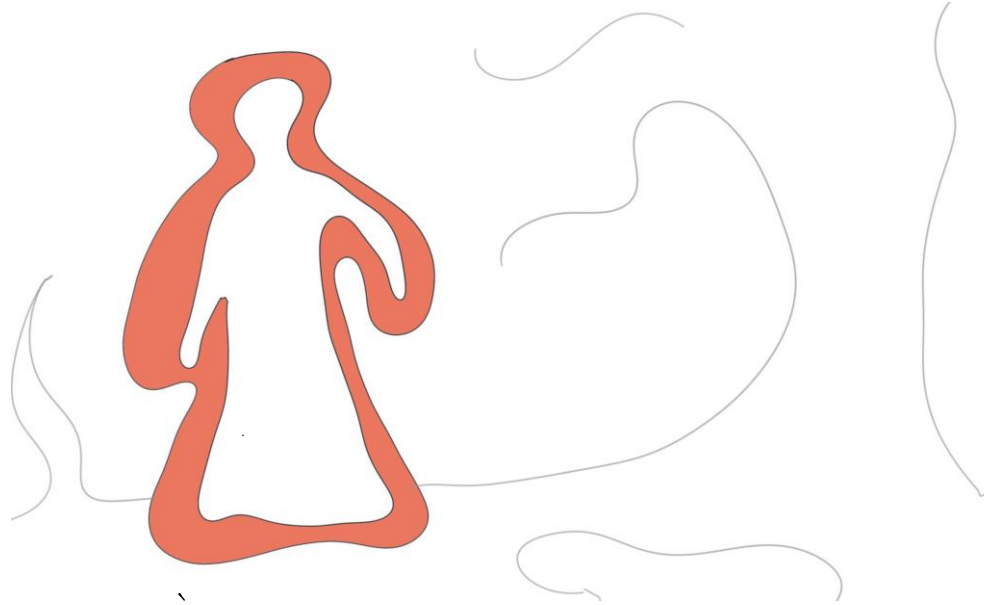
ἄνθρωπος *ánthrōpos* „Human“
σοφία *sophía* „Wisdom“

- Founded by Rudolf Steiner (1861-1925)
- Ideology that projects the Evolution theory by Charles Darwin onto the human mind
- By conscious thinking and meditating every Individual is able to reach higher spheres and become a cosmic, transcendent being
- Based on German Idealism, Goethe, Philosophy, Gnosis, Christian Mythology, Buddhism, Yoga and scientific stages of the time
- Various Interpretations of Steiner's Lectures throughout the movement
- Non secular intention



<https://www.weleda.at/identitaet/rudolf-steiner>

Spiritual Process



Etheric body - Astral body

- The human is superior due to **EGO** consciousness
- Strive as an Individual
- EGO and World in a dualistic symbiosis will be overcome by the way of enlightenment

Christianity

- Subservient to evil/ mortal since “mystery of Golgotha”
- Jesus Christ
- Personal Angels and Archangels

Trinity

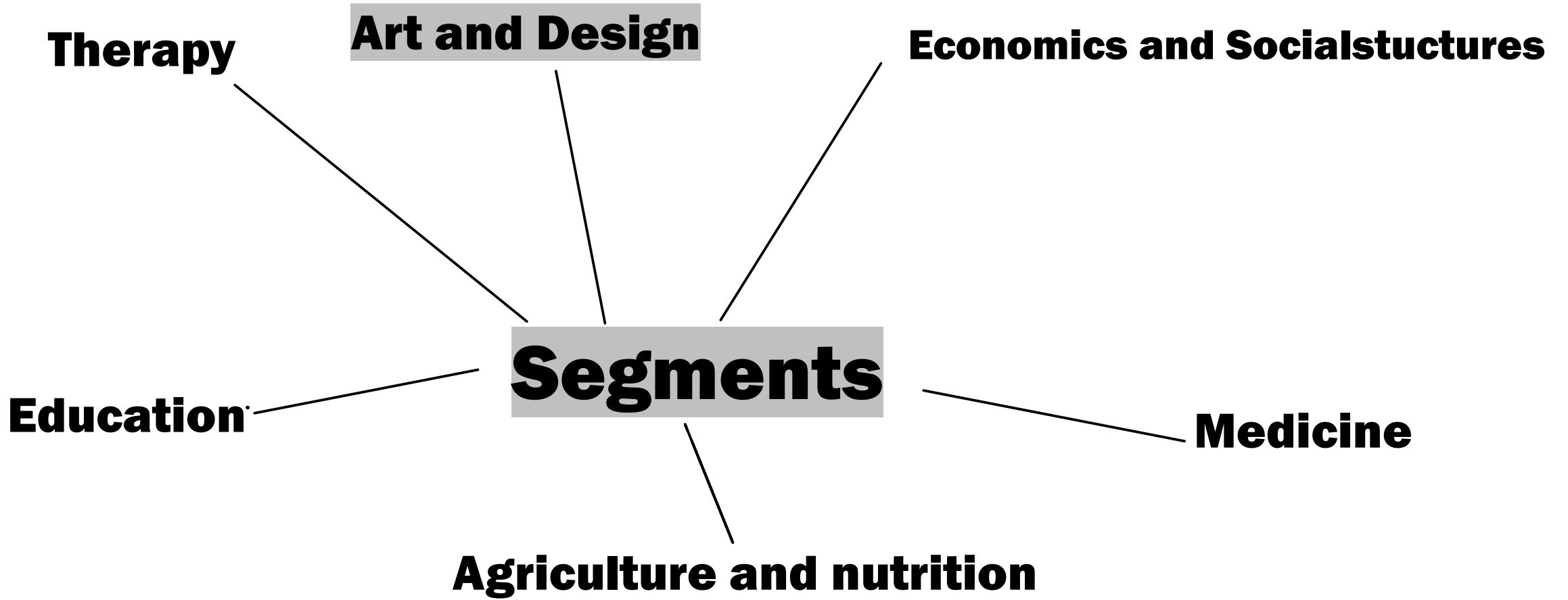
THINK-BODY

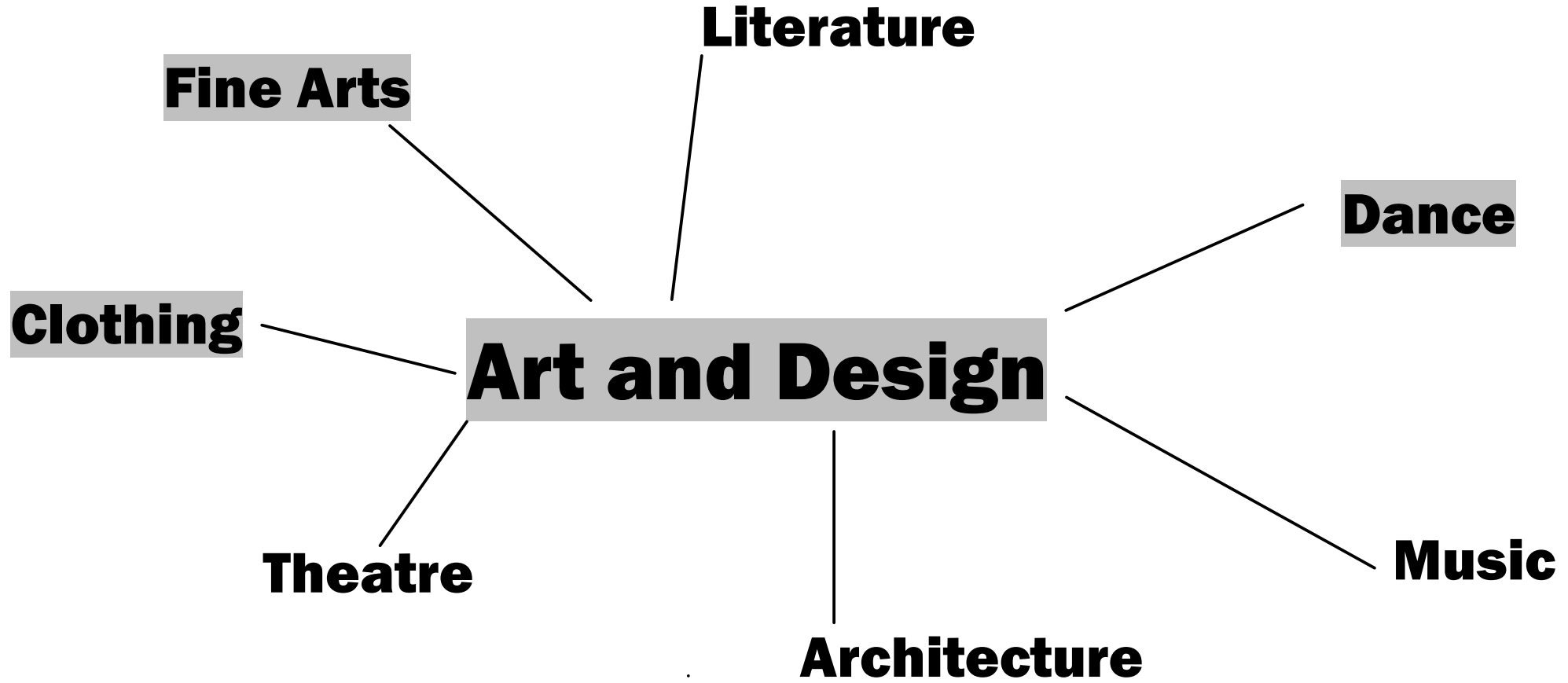
FEEL-MIND

WANT-SOUL

Karma and Reincarnation

The Core carries on after death and reincarnates until its redeemed





In Art

- Based on colour theory by Goethe
- Looking for something beyond naturalism
- Art is individualistic and expresses the aura of the artist
- The aura of the individual is moved by colour
- In a painting the artist aura and the colours aura meet in a abstract rhythmic composition
- The natural substances of the paint need to be considered
- Kandinsky, Jawlensky and Itten attended Steiner's lectures
- “The Spirit of Colour” and “Art and Cognition”

Beuys: 7000 Oaks



<https://daskunstbuch.at/2014/10/06/joseph-beuys-7000-eichen-der-versuch-einer-sozialokologischen-gemeinschaftsarbeit/>



Paintings



Bottom-left

https://sbk.goetheanum.org/fileadmin/_processed_/8/3/csm_Goetheanum1-Kuppel_17e18513ec.jpg

Top-left and Top-right

<https://www.ausbildung-weiterbildung.ch/Detail.aspx?schoolID=4109>

Bottom-right
Arild Rosenkranz

In Dance/Eurhythmy

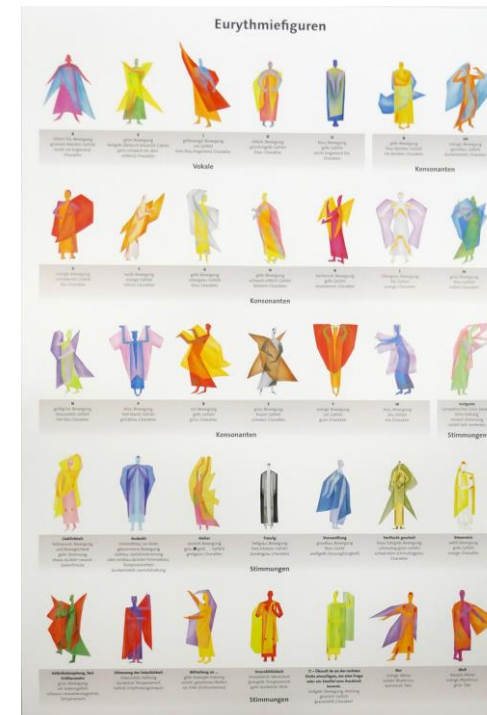
- Form of expressional dance that converts chants and language into movement
- Reflects the orders of natures and reveals its pattern, rhythms and forces
- Rhythms arises where polar forces meets

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- The gesture is consciously formed by force and counterforce
 - Movements of tension and release, contraction and expansion
 - For example breath: exchange of inside and outside

<https://www.youtube.com/watch?v=277nnUmOJdk>

Goal

- Inner balance of the spirit in a cosmic connection
- Expression of the soul
- Healing and educational



Guide to Figures

https://www.waldorfschop.eu/eurhythmie/eurhythmie-literatur/eurhythmiefiguren-poster_10011334_19768

In Clothing



- Influenced by Egyptian and Greek antique clothing
- wrinkles imitate inner flow (bloodstream)
- Projection and expression of our individual souls
- Serving a cosmic connection
- Colour represents aura
- Material of the fabrics
- Sections of the body represent the Trinity

“The Desire to be clothed came after the humans lost the ability to see the aura”

(Rudolf Steiner-GA:352, 99)

Critic and Controversy

- **Antisemitism**
- **Raceism**
- **Ableism**
- **Social Darwinism**
- **Sexism**
- **Anti-scientific medicine**
- **Speculated to be a cult**
- **Conspiratcy theories**