

<1> First of all, congrats! The first step is the hardest. Pat yourself on the back.

<2> Draw 10 lines on the adjacent page, whose beginning and ending points do not come within 1cm of any of the page edges. No line should be shorter than 5 cm, and no line should be longer than 15 cm. Complete this operation with a pencil.

<3> Read the following writing prompts:

*What is your best memory from the past year?*

*What is a technical example of something at which you excel?*

*What is a conceptual example of something at which you excel?*

*At what point would you consider your life to be a failure?*

*What is something you believed with confidence, then realized was untrue?*

*When was a time that a lie you told came back to hurt you?*

*Why do you like your favorite movie?*

*Where did you grow up the most?*

*Would the Voight-Kampff test actually work?*

*Why did you choose this current path in life?*

<4> Consider the previous writing prompts while watching a movie whose release date is within two weeks of your birthday (from any year). If you have a method of playing DVDs, try to check the movie out from the library, but if you can't then fine, don't worry about it. After 30 minutes of the movie, you may choose to begin the subsequent operation, or you may wait until the end of the movie to continue.

<5> As concisely as possible write your answers to the writing prompts from operation <4>, attaching one answer to one line you've drawn on the page. If your answer is too long for the line it is drawn against, continue writing under the line, parallel to the written content above the line. Complete this operation with a pen.

<6> Cut some imagery from a magazine or pamphlet which you do not care much about. You may cut out anything you'd like, but please keep the size under 6cm x 4cm if you can.

<7> Using the needle and thread which accompanies the sketchbook two operations will take place simultaneously: link all of the line starts and ends with the thread (connecting the points in front or behind the page is fine either way, but the thread line should remain continuous), and via this operation pin each of the pieces of imagery to the page at any point on a line you choose.

<8> Write the name of the movie you watched: \_\_\_\_\_  
Was it good? \_\_\_\_\_

<9> Take the sketchbook and scan all pages you were involved with, and send the scans via email to [grayson.d.bailey@gmail.com](mailto:grayson.d.bailey@gmail.com).