- <1> Aquaint yourself with the painting *The Seven Deadly Sinsand the Four Last Things* by Hieronymous Bosch. Write down the specific sins represented, as well as the 'last four things' for a total of eleven concepts.
- <2> In your next trip to the store (whatever type of store), or in a trip organized for the purpose of the following instructions, find an item for each of the eleven concepts from above which represents its corresponding concept.
- <3> For the items found take note of the concept it represents, the name / type of product, and the bar code number on the product. Write these notes on the back of these instructions. Until told otherwise, all steps should be performed with black pen.
- <4> On the sketchbook page which is bound on its right side, divide the top edge of the page into 10 sections of equal distance, and divide the left edge into 10 sections of equal distance.
- <5> For each of the items noted, cross out the first number in the bar code number. Then, with the remaining 12 numbers, remove all zeros. The remaining numbers now construct a number, reading from left to right. Divide this number by 2, and circle the first digit of the resultant number. This number will be called Y-Value. Divide Y-Value by number of digits in Y-value. Circle the last digit in the resultant number. This number will be called X-Value.
- <6> Check the time, and if the minute is even, the top edge is the X-Value Line. If the minute is odd, the left edge is the X-Value Line. In either case, the line not declared as X-Value Line will now be Y-Value Line.
- <7> For each of the eleven concepts, plot a dot on the grid of the page corresponding to the X and Y Values of the concept.
- <8> On either the right hand or left hand of the dot, write the title of the concept.
 Write the name of the product under the concept.
- <9> Beneath the name of the product make a series of vertical marks (X or /) vertically corresponding to each of the numbers in the bar code number, with each of the numbers represented in a series of 'mark columns'. If a number is 0, do not include the number in this step. These marks should be relatively small.
- <10> With a pencil connect the dots very lightly in whatever order, but do not connect the last dot with the first dot.
- <11> Take the sketchbook and scan all pages you were involved with, and send the scans via email to grayson.d.bailey@gmail.com.